

Ensuring access to healthy living in all Maine communities

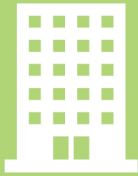
CHALLENGE → **SOLUTION** → **RESULTS**

Direct Nutrition Education

Schools closed due to the pandemic.



Social service agencies serving adults need alternative approaches to programming.



Nutrition Educators reach eligible youth and adult participants using evidence-based curricula through **live and recorded virtual lessons**.



Over 9,000

youth of all ages reached by virtual classes in **93 schools**.

243 adults reached through partnership with a federal statewide job readiness program.



Policy, Systems, and Environmental Change Interventions

Partner agencies closed, delaying community strategies.



School gardens delayed due to school closures.



Nutrition Educators developed **take-home garden kits** delivered to students by **bus drivers**.



45

garden kits delivered to youth in rural Maine.

Over 100

family members reached.



Collaborating with Sector Partners

Hunger and food access needs increased.



SNAP-Ed State Nutrition Action Council (SNAC) worked with **state and local partners** to share information and promote **school meal delivery**.



Food access partners delivered

>1 million school meals.

Nutrition Educators shared healthy living enrichment activities.



Innovative solutions to support healthy food choices and promote physical activity

This institution is an equal opportunity provider. Maine SNAP-Ed is funded by the USDA's Supplemental Nutrition Assistance Program, or SNAP, which is administered by the Maine Department of Health and Human Services (DHHS) and implemented statewide by the University of New England (UNE) through contracts with local community coalitions. Maine SNAP-Ed educates low-income families on low-cost healthy eating and active lifestyles.

www.mainesnap-ed.org

